

2012-2013

Muskegon Community College  
Women's Soccer



Muskegon Community College



## Muskegon Community College

### Muskegon Community College 2012-2013 Women's Soccer Season

<b>Wed</b>	<b>8/22</b>	<b>Grace Bible College (scrimmage)</b>	<b>Home</b>	
Sat	8/25	KELLOGG COMMUNITY COLLEGE	Battle Creek, MI	
Wed	8/29	Delta College University	Center, MI	
Wed	9/5	Grand Valley State University (club team)	Allendale, MI	7:00 pm
<b>Sat</b>	<b>9/8</b>	<b>Owens Community College</b>	<b>Home</b>	<b>3:00 pm</b>
<b>Sun</b>	<b>9/9</b>	<b>Cincinnati State Tech &amp; CC</b>	<b>Home</b>	<b>1:00 pm</b>
Sat	9/22	SCHOOLCRAFT COLLEGE	Livonia, MI	3:00 pm
Sun	9/23	JACKSON COMMUNITY COLLEGE	Jackson, MI	3:00 pm
<b>Sun</b>	<b>9/30</b>	<b>KELLOGG COMMUNITY COLLEGE</b>	<b>Home</b>	<b>1:00 pm</b>
<b>Mon</b>	<b>10/1</b>	<b>Delta College</b>	<b>Home</b>	<b>4:00 pm</b>
Sat	10/6	Cincinnati State Tech & CC	Cincinnati, OH	3:00 pm
Sun	10/7	Owens Community College	Toledo, OH	3:00 pm
<b>Sat</b>	<b>10/13</b>	<b>SCHOOLCRAFT COLLEGE</b>	<b>Home</b>	<b>1:00 pm</b>
<b>Sat</b>	<b>10/20</b>	<b>JACKSON COMMUNITY COLLEGE</b>	<b>Home</b>	<b>1:00 pm</b>
Sat	10/27	Region XII Semi-Finals		
		Hosted by Jackson Community College	Jackson, MI	12:00 pm 2:00 pm
Sun	10/28	Region XII Championship		
		Hosted by Jackson Community College	Jackson, MI	12:00 pm

#### CONFERENCE GAMES IN ALL CAPS

**Home games in bold** and will be played at OrchardView High School





## Muskegon Community College

### Muskegon Community College 2012-2013 Women's Soccer Roster

#	Name	Pos	Ht	Yr	Hometown/High School
1	Emily Manchester	GK	5'6"	Fr	Muskegon, MI/Mona Shores High School
2	Allison Mahn	M/D	5'3"	Fr	Muskegon, MI/North Muskegon H S
4	Savannah Swanson	M	5'4"	So	Cedar Springs, MI/Cedar Springs H S
5	Autumn Brodeur	M	5'2"	Fr	Ravenna, MI/Ravenna High School
6	Nikole Heinig	M/D	5'2"	Fr	Costa Mesa, CA/Mona Shores High School
7	Elissa Alvarado	M	5'1"	Fr	Muskegon, MI/Muskegon High School
8	Amanda Whiting	F	5'8"	Fr	Shelby, MI/Shelby High School
9	Anna Carmean	F	5'4"	Fr	Fruitport, MI/Fruitport High School
10	Ashley Bourdon	M	5'0"	Fr	Whitehall, MI/Whitehall High School
11	Morgan Kantola	D	5'4"	Fr	Ravenna, MI/Ravenna High School
12	Karlee Schreur	F	5'7"	Fr	Zeeland, MI/Zeeland West High School
13	Hannah Forner	D	5'4"	Fr	Muskegon, MI/Reeths-Puffer High School
15	Linsye Haan	M	5'5"	Fr	Fruitport, MI/Fruitport High School
16	Julianna Alvarado	D	5'6"	Fr	Muskegon, MI/Muskegon High School
17	Rhonda Smith	D	5'3"	Fr	Muskegon, MI/Mona Shores High School
18	Alyssa Panozzo	D	5'6"	Fr	Muskegon, MI/Reeths-Puffer High School
19	Nicole Thompson	M	5'2"	Fr	Muskegon, MI/Orchard View High School
21	Ashley Groendal	GK	5'9"	Fr	Holland, MI/Oakridge High School
23	Tehran Peffley-Routt	D	5'5"	Fr	Fruitport, MI/Fruitport High School
24	Chelsea Thiele	D	5'4"	Fr	Muskegon, MI/Oakridge High School
25	Ashlee Taylor	F	5'5"	Fr	Muskegon, MI/Mona Shores High School





Muskegon Community College

Muskegon Community College  
2012-2013 Women's Soccer Head Coach-Josh Watson



**Josh Watson brings enthusiasm and expertise to the new women's soccer program at Muskegon Community College. He is a high-energy, dependable, loyal and enthusiastic coach. Coach Watson is known as someone who encourages positive attitudes and motivates his players to maximize their potential. His experience stems from being a first team all-state player in high school, playing at Western Michigan University and coaching for nineteen years through various organizations.**

**Coach Watson holds a USSF National D License. He received his degree in Exercise Physiology from Central Michigan University in 2002 which assists in his training and mentoring capabilities. Coach Watson's coaching record includes a first district title for Goodrich High School Boys**

**Soccer team in 1998 and leading the Goodrich High School Girls Varsity team to their first District Title and Regional appearance. He also coaches club soccer for West Michigan Storm and Lakeshore Premier.**

**He currently works at Access Health in Muskegon as a wellness coach.**





## Muskegon Community College 2012-2013 Women's Soccer Team



Emily Manchester

Parents Names: Vicki and Don Manchester

High School Varsity Coach: John O'Brien

High School Honors: 1st team All conference, 2nd team All Region

Favorite Hobby outside of soccer: Long boarding

Favorite food: Pasta Salad

Favorite athlete: Hope Solo

Favorite sports team: US Women's Soccer National Team

Favorite movie: The Notebook

Favorite high school memory: Meeting my best friends and road trips to soccer games



Allison Mahn

Parents Names: Gary and Pam Mahn

High School Varsity Coach: Ryan Berends

High School Honors: 2nd team All area, All conference

Course of Study: Physical Therapy

Favorite Hobby outside of soccer: Being outside

Favorite food: Macaroni

Favorite athlete: Mia Hamm

Favorite sports team: Hawks

Favorite movie: Hunger Games

Favorite high school memory: Playing high school football



Savannah Swanson

Parents Names: Kevin and Mandy Swanson

High School Varsity Coach: Justin Harnden

High School Honors: 3rd team All State, 2 Years All District and 3 Years All Conference

Course of Study: Respiratory Therapy

Favorite hobby outside of soccer: Being outside on the water boating

Favorite food: Italian food

Favorite athlete: Nikolas Lidstrom

Favorite sports team: Detroit Red Wings

Favorite movie: Cars

Favorite high school memory: Beating Rockford my senior year in H.S.





Muskegon Community College

## Muskegon Community College 2012-2013 Women's Soccer Team



Autumn Brodeur

Parents Names: Kevin and Sandy Brodeur

High School Varsity Coach: Tim Moran

High School Honors: Team Captain, Most Improved

Course of Study: Psychology

Favorite Hobby outside of soccer: Scrapbooking and listening to music

Favorite food: Chinese

Favorite athlete: Ivory Latta

Favorites sports team: North Carolina Tar heels

Favorite movie: The Nightmare Before Christmas and Get Him to the Greek

Favorite high school memory: Volleyball State Finals and getting Homecoming Queen senior year



Nikole Heinig

Parents Names: Christine and Brad Peters and David Heinig

High School Varsity Coach: John O'Brien

High School Honors: Sportsmanship award

Course of Study: Business

Favorite food: Pasta Dishes

Favorite athlete: Mia Hamm

Favorite sports team: LA Galaxy

Favorite movie: She's the Man



Elissa Alvarado

Parents Names: Jose and Rita Alvarado

High School Varsity Coach:

Favorite Hobby outside of soccer: Going to the beach

Favorite food: Grilled Chicken

Favorite athlete: Lionel Messi

Favorite sports team: Chivas

Favorite movie: The Notebook and Stepbrothers

Favorite high school memory: Having a water balloon fight at the end of my junior year with my soccer team





## Muskegon Community College 2012-2013 Women's Soccer Team



Amanda Whiting  
Parents Names: Paul and Tina Whiting  
High School Varsity Coach: Frank Zarate  
High School Honors: All conference honorable mention and All district  
Favorite Hobby outside of soccer: Swimming  
Favorite food: Gum  
Favorite athlete: Abby Wambach  
Favorite sports team: Women's Soccer US National Team  
Favorite movie: Despicable Me  
Favorite high school memory: When I caught a snake in Ecology



Anna Carmean  
Parents Names: Mark and Jackie Carmean  
High School Varsity Coach: Dave Hulings  
High School Honors: District Champs and Conference Champs  
Course of Study: Respiratory Therapy  
Favorite Hobby outside of soccer: Camping, movies, and bike rides  
Favorite food: Italian food and ice cream  
Favorite athlete: Mia Hamm and Alex Morgan  
Favorite sports team: Arsenal, Detroit Tigers and Detroit Red Wings  
Favorite movie: The Little Rascals and How to Train Your Dragon  
Favorite high school memory: Going to regionals senior year



Ashley Bourdon  
Parents Names: Mike and Brenda Bourdon  
High School Varsity Coach: Dan Nichols  
High School Honors: Summa cum Laude  
Course of Study: Marketing  
Favorite Hobby outside of soccer: singing  
Favorite food: Chocolate chip cookie  
Favorite athlete: Dirk Nowitzki  
Favorite sports team: Green Bay Packers  
Favorite movie: The Lion King  
Favorite high school memory: Playing soccer for high school team





## Muskegon Community College 2012-2013 Women's Soccer Team



Morgan Kantola

Parents Names: Paul and Tammi Kantola

High School Varsity Coach: Sean Wilson

High School Honors: West Michigan Conference Honor Award, WMC All conference honorable mention, All District,

Course of Study: Physical Therapy/ Zoology

Favorite Hobby outside of soccer: Hanging out with friends

Favorite food: Steak and fish

Favorite athlete: Alex Morgan and Steve Nash

Favorites sports team: Detroit Tigers

Favorite movie: A Knight's Tale and Tangled

Favorite high school memory: Basketball and Soccer Season



Karlee Schreur

Parents Names: Kimberley and Michael Schreur

High School Varsity Coach: Ben Hondrop

High School Honors: All conference honorable mention and second team all area

Course of Study: Education

Favorite Hobby outside of soccer: playing sports

Favorite food: Apples, grilled cheese, and ice cream

Favorite athlete: Mia Hamm and Kerri Walsh

Favorite sports team: Detroit Tigers and Detroit Red Wings

Favorite movie: Hunger Games, Tangled and Despicable Me

Favorite high school memory: My freshman year I broke a girls leg



Hannah Forner

Parents Names: Joe and Sherri Forner

High School Varsity Coach: Ben Ritsema

High School Honors: All District, All Area Honorable Mention

Favorite Hobby outside of soccer: Writing

Favorite food: Ice cream

Favorite athlete: Shawn Johnson

Favorite sports team: Muskegon Jayhawks

Favorite movie: What's Eating Gilbert Grape

Favorite high school memory: Graduating







## Muskegon Community College 2012-2013 Women's Soccer Team



Linsye Haan

Parents Names: Cheryl and Don Haan

High School Varsity Coach: Dave Hulings

High School Honors: All state

Course of Study: Criminal Justice

Favorite Hobby outside of soccer: Hanging out with friends

Favorite food: Spaghetti

Favorite athlete: Ronaldinho

Favorites sports team: Manchester United

Favorite movie: Law Abiding Citizen and Brides Maids

Favorite high school memory: Beating Number 1 ranked team in state with assisted goal my junior year



Juliana Alvarado

Parents Names: Rita and Jose Alvarado

High School Varsity Coach: Bill Gerorike

High School Honors: NHS

Course of Study: Physical Therapy

Favorite Hobby outside of soccer: Being at the beach and running

Favorite food: Avocado and spaghetti

Favorite athlete: Lionel Messi

Favorites sports team: Barcelona

Favorite movie: The Hangover, Gladiator and The Avengers

Favorite high school memory: Winning Prom Queen



Rhonda Smith

Parents Names: David and Sonja Smith

High School Varsity Coach: John O'Brien

High School Honors: All District and Honorable mention all conference

Course of Study: Nursing

Favorite Hobby outside of soccer: Snowboarding

Favorite food: Pasta

Favorite athlete: Lionel Messi

Favorite sports team: US Women's Soccer National Team

Favorite movie: Step Brothers

Favorite high school memory: Going into overtime against Forest Hills Central





## Muskegon Community College 2012-2013 Women's Soccer Team



Alyssa Panozzo

Parents Names: Richard and Chris Panozzo

High School Varsity Coach: Ben Ritsema

High School Honors: All Area Dream Team and All State Honorable Mention

Course of Study: Pre Law

Favorite Hobby outside of soccer: Snowboarding

Favorite food: Bananas, strawberries and blueberries

Favorite athlete: Kobe Bryant

Favorite sports team: Los Angeles Lakers

Favorite movie: Man on Fire

Favorite high school memory: Winning districts in 2008 and 2010



Nicole Thompson

Parents Names: Todd and Ginger Thompson

High School Varsity Coach: Burt Wachter

High School Honors: All District

Course of Study: Biology

Favorite Hobby outside of soccer: Hiking

Favorite food: Peanut Butter

Favorite athlete:

Favorite sports team: Jayhawks

Favorite movie: 500 Days of Summer

Favorite high school memory: Playing freeze tag in hallways between class



Ashely Greondal

Parents Names: James and Karen Groendal

High School Varsity Coach: Jeff Lohman

High School Honors: All Conference, All District, All Region and All State Honorable Mention

Course of Study: Criminal Justice

Favorite Hobby outside of soccer: Hanging out with friends

Favorite food: Tacos

Favorite athlete: Hope Solo

Favorite sports team: US Soccer Women's National Team

Favorite movie: The A-Team

Favorite high school memory: Junior skip day





## Muskegon Community College 2012-2013 Women's Soccer Team



Tehran Peffley-Routt

Parents Names: Todd Routt and Anna Peffley

High School Varsity Coach: Dave Hulings and Jeannie McClain

High School Honors: All District, All Conference and All Area

Favorite Hobby outside of soccer: Skiing and hanging out with friends

Favorite food: Spaghetti

Favorite athlete: David Beckham

Favorite sports team: Detroit Tigers

Favorite movie: The Breakfast Club and Cloudy with a chance of Meatballs

Favorite high school memory: Beating Number 1 ranked team in state sophomore year



Chelsea Thiele

Parents Names: Jim and Julie Thiele

High School Varsity Coach: Jeff Lohman

High School Honors: All Conference, All District and All Region

Favorite Hobby outside of soccer: Hangout with friends and play basketball

Favorite food: Veggie Pizza

Favorite athlete: Justin Verlander

Favorite sports team: Detroit Tigers

Favorite movie: Law Abiding Citizen

Favorite high school memory: Senior year of sports (Basketball and Soccer)



Ashlee Taylor

Parents Names: Jerry and Nanci Taylor

High School Varsity Coach: John O'Brien

High School Honors: honorable mention and 2nd team all area

Favorite Hobby outside of soccer: playing golf and hanging out with friends

Favorite food: Apples and bananas

Favorite athlete: Abby Wambach and Alex Morgan

Favorites sports team: Women's US national team

Favorite movie: Bridesmaids and any Nicholas sparks feature

Favorite high school memory: Winterfest 2012





Muskegon Community College

**GO  
JAYHAWKS!**





## MUSKEGON COMMUNITY COLLEGE

Location: 221 S. Quarterline Rd. Muskegon, MI 49442

Athletic Department phone: 231.777.0381

Athletic Department fax: 231.777.0437

MCC Founded: 1926

Nickname: Jayhawks

Colors: Royal Blue & Gold

Gym: Bartels-Rode Gymnasium

Affiliation: NJCAA Region XII - MCCA Western Conference

President: Dr. Dale Nesbary

Chairman of the Board: Dr. Don Crandall

Vice President of Student Services: Dr. John Selmon

Athletic Director: Marty McDermott

Head Athletic Trainer: Lindsey Townsel

Sports Medicine Center: MHP Sports Medicine at Hackley

TV Announcers: John Arter & Gene Young (Basketball)

Dan Potts & Scott VanderWerp (Volleyball)

John Arter (Wrestling)

Jayhawk Talkshow Host: John Arter

Television Producer: Rod VanNortwick



Muskegon Community College