

CUSTOMER CONNECTIONS

The Administrative Services Newsletter for the Internal Customer

Volume 9, Issue 6

A Monthly Publication of Muskegon Community College

April 2008

Monthly Observance

April is...

Alcohol Awareness Month
Injury Prevention Month
National Child Abuse Prevention Month
Stress Awareness Month

Administrative Professional's Day

April 17, 2008
8:00 a.m. – 3:00 p.m.

It's not too late to sign up.
Call Stacey at ext. 319
for more details

April Showers...

**Bring
May
Flowers!!**



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MESSAGE FROM THE EXECUTIVE VICE-PRESIDENT OF ADMINISTRATION

It is said that "April Showers bring May Flowers." I recently read an interesting article out of a magazine titled *Real Simple*. It stated some interesting facts about APRIL.

- With those April Showers - the five rainiest cities and towns
Quillayte, Washington: 105.18 inches
Astoria, Oregon: 66.40 inches
Tallahassee, Florida: 65.71 inches
Mobile, Alabama: 63.96 inches
Pensacola, Florida: 62.25 inches
Looks like we did not make the list.
- 1,672 hours of television watched per year by the average American. TV turnoff week is April 21 to 27. Pick up a book, do some gardening, write a few letters, go for a walk, play a round of cards (or perhaps golf), go fly a kite ...
- Happy Birthday, Ms. Maya Angelou (April 4), and Happy Poetry Month!
*When we come to it/
We confess that
We are possible/
We are the miraculous,
The true wonders
Of this world/
That is when,
And only when/
We come to it. ---from "A Brave and Startling Truth:" Maya Angelou*
- 2 million – the number of flowers a bee has to tap to make one pound of honey. – Beekeeping season starts in April.
- April 1, 1998 – The day Burger King took out a full-page advertisement in USA Today announcing a "Left-Handed Whopper" designed for southpaws. According to the ad, the new Whopper included the same ingredients as the original but with all the condiments rotated 180 degrees, for the benefit of left-handed customers. Thousands requested the sandwich, which, yes, was an April Fools' hoax.
- 1981 – The year "the wave" was first performed at a baseball game, between the Oakland A's and the New York Yankees. (in April) Cheerleader Krazy George Henderson is often credited with launching the ultimate crowd-participation move.

Enjoy all of your things April –

Diana R. Osborn

Healthy Lifestyle Committee Mission Statement:

To create healthier and happier employees through awareness of health issues and wellness programs

Wellness Fair 2008



We had a great turnout again this year. Over 200 people visited the booths with over 50 prizes given away.

Happy Birthday

April

Julie Weller	04/02
Char Pond	04/03
Don Bogema	04/04
Jon Romkema	04/04
Lori Bailey	04/05
Kelli Loughrige	04/09
Carmella Martinez	04/11
Pat Huff	04/14
Judy Romans	04/17
Mary Smith	04/19
Greg Miller	04/21
Paul Oakes	04/21
Ann McManus	04/23
Lynda Ferry	04/24
Stacey DeBrot	04/29
Kathy Pollock	04/29

May

Duane Rainbolt	05/03
Lois Smith	05/03
Stephen Schmidt	05/09
Vilene Rodgers	05/10
Kim Vanderlinde	05/10
Al Barreto	05/11
Karen Wilson	05/11
Deb Howell	05/15
Nancy Maycroft	05/19
Gretchen Cline	05/20
Connie Holmberg	05/20
Jay Zarowitz	05/24
Elena Garcia	05/29
Maggie Knox	05/31

Wellness Tip

By: Jane Atwood

Don't Forget Your Juice

Your morning glass of juice may be a brain saver.

Drinking fruit or vegetable juice at least three times per week may lower a person's risk of Alzheimer's disease, a recent study suggests. Antioxidants in the juice may be responsible for the effect. To keep your waistline from expanding, choose low calorie or pure juices without added sugar.

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Administrative Services

Executive VP of Administrative Services:

Diana R. Osborn

Writers: Aaron Hilliard, Mary Smith, Paul Oakes,

Janice Whitlow, Joe Doyle,

Tonette Brown-Garner, Rosemary Zink and

Jerry Nyland

Layout & Design: AJ Osborne

Editor: Stacey DeBrot

Mission Statement:

To support the Administrative Services operations and objectives of Muskegon Community College.

Vision:

Excellence in Service – Partners in Progress



**WorkLife
Services**

Employee Assistance Program

Appointments available:
Monday–Thursday 8am–9pm
Friday 8am–5pm

To make an appointment at one of these office locations,
call 231.726.3582

■ 1352 Terrace Street
Muskegon, MI 49442

■ Hackley Health at the Lakes
6401 Prairie Street
Muskegon, MI 49444

■ Lakeshore Medical Center
905 E. Colby Street
Whitehall, MI 49461

■ Mill Point Health Center
921 S. Beechtree, Suite 5
Grand Haven, MI 49417

Creative & Performing Arts April Events

Overbrook Art Gallery Exhibits

“Memory, Struggle, Affirmation: Expressions of the African American Artist”

Thru April 30

Hours: Monday thru Thursday - 9:00 – 4:00 p.m., Friday - 9:00 – 2:00 p.m.

Overbrook Theater

“How I Learned to Drive” by Paula Vogel, Pulitzer Prize winning story of a woman who learns the rules of the road and life from behind the wheel.

Running: April 11, 12, 13, 18, 19, 20

For tickets, call 231-777-0324 or the OBT Box Office, Room #166

Musical Productions

West Michigan Concert Winds

“Music Friendship”

April 19 – 7:00 p.m.

Reeths-Puffer High School Rocket Center

TICKETS: Call: 231-288-0999 or online at www.wmcw.org

MCC Singers Spring Concert

April 20 – 7:00 p.m.

Immanuel Lutheran Church – 930 Creston Street – Muskegon, MI

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Lecture Series – Environmental Ethics

April 3rd, 7:00 p.m. Room 1100

“Rethinking Sustainability”

Dr. Paul B. Thompson

Professor of Philosophy and W.K. Kellogg

Chair in Agricultural, Food, and Community Ethics

Michigan State University

April 4th, 9:00 a.m., Room 1100

“Panel Discussion: Local Issues, Values, and Solutions.”

Andy Wible, Ph.D. Muskegon Community College

Alan Steinman, Ph.D. Annis Water Resource Institute, GVSU

Tanya Cabala, Great Lakes Consulting

Chris Bedford, Center for Economic Security

April 4th, 10:30 a.m., Room 1100

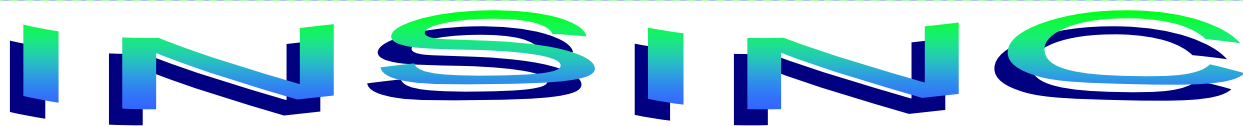
“The Ethical Dilemmas of a Faceless Bureaucrat”

Frank Ruswick, Senior Policy Advisor

Michigan Department of Environmental Quality

MCC News

Share your news and
photos with your MCC family.
Please send or email your photos
and news to
Conference & Catering Services
Stacey.DeBrot@muskegoncc.edu
AJ.Osborne@muskegoncc.edu



Improvements Notions Suggestions Ideas Not Complaints

Please turn in your INSINC to Conference & Catering Services by the 15th of the month and receive a
free medium fountain beverage from the Bookside Bistro.