



# CUSTOMER CONNECTIONS

The Administrative Services Newsletter for the Internal Customer

Volume 9, Issue 3      A Monthly Publication of Muskegon Community College      January 2008

## Monthly Observance

### January is...

- Family Fit Lifestyle Month
- National Glaucoma Awareness Month
- National Lose Weight, Feel Great Month

**MCC will be closed  
December 22 – January 1**

**Welcome Back  
January 2**

**Faculty Seminar Days  
January 3 & 4**



## What's To Follow ...

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## MESSAGE FROM THE EXECUTIVE VICE-PRESIDENT OF ADMINISTRATION

Happy New Year! As we start another year with all of the opportunities and challenges, I thought it may be appropriate to share with you again the presentation done by SunGard at the Fall Seminar Days. It seems to set the tone for 2008:

- *Did you know...*
- *Sometimes size does matter.*
- *If you're one in a million in China...*
- *There are 1,300 people just like you.*
- *In India, there are 1,100 people just like you.*
- *The 25% of the population in China with the highest IQ's...*
- *Is greater than the total population of North America.*
- *In India, it's the top 28%.*
- *Translation for teachers: They have more honors kids than we have kids.*
- *Did you know...*
- *China will soon become the number one English speaking country in the world.*
- *If you took every single job in the U.S. today and shipped it to China...*
- *China would still have a labor surplus.*
- *During the course of this presentation...*
- *The U.S. Department of Labor estimates that today's learner will have 10-14 jobs...*
- *By the age of 38.*
- *According to the U.S. Department of Labor...*
- *1 out of 4 workers today is working for a company they have been employed by for less than one year.*
- *More than 1 out of 2 are working for a company they have worked for less than five years.*
- *According to former Secretary of Education Richard Riley...*
- *The top 10 in-demand jobs in 2010 didn't exist in 2004.*
- *We are currently preparing students for jobs that don't yet exist...*
- *Using technologies that haven't been invented...*
- *In order to solve problems we don't even know are problems yet.*
- *Name this country... Richest in the World; Largest Military; Center of world business and finance; Strongest education system; World center of innovation and invention; Currency the world standard of value; Highest standard of living...*

~Continued

- England.
- In 1900.
- Did you know...
- The U.S. is 20<sup>th</sup> in the world in broadband Internet penetration. (Luxembourg just passed us.)
- In 2002 alone Nintendo invested more than \$140 million in research and development.
- The U.S. Federal Government spent less than half as much on Research and Innovation in Education.
- 1 out of every 8 couples married in the U.S. last year met online.
- There are over 100 million registered users of MySpace. (August 2006)
- The average MySpace page is visited 30 times a day.
- Did you know...
- We are living in exponential times.
- There are 2.7 billion searches performed on Google each month.
- To whom were these questions addressed B.G.? (Before Google)
- The number of text messages sent and received every day exceeds the population of the planet.
- There are about 540,000 words in the English language...
- About 5 times as many as during Shakespeare's time.
- More than 3,000 new books are published...
- Daily.
- It's estimated that a week's worth of New York Times...
- Contains more information than a person was likely to come across in a lifetime in the 18<sup>th</sup> century.
- It's estimated that 40 exabytes (that's  $4.0 \times 10^{19}$ ) of unique new information will be generated worldwide this year.
- That's estimated to be more than in the previous 5,000 years.
- The amount of new technical information is doubling every 2 years.
- It's predicated to double every 72 hours by 2010.
- Third generation fiber optics has recently been separately tested by NEC and Alcatel...
- That pushes 10 trillion bits per second down one strand of fiber.
- That's 1,900 CDs or 150 million simultaneous phone calls every second.
- It's currently tripling about every 6 months and is expected to do so for at least the next 20 years.
- The fiber is already there, they're just improving the switches on the ends. Which means the marginal cost of these improvements is effectively \$0.
- Predictions are that e-paper will be cheaper than real paper.
- 47 million laptops were shipped worldwide last year.
- The \$100 laptop project is expecting to ship between 50 and 100 million laptops a year to children in underdeveloped countries.
- Predictions are that by 2013 a supercomputer will be build that exceeds the computation capability of the Human Brain...
- By 2023, a \$1,000 computer will exceed the computation capability of the Human Brain...
- First grader Abby will be just 23 years old and beginning her (first) career...
- And while technical predictions further out than about 15 years are hard to do...
- Predictions are that by 2049 a \$1,000 computer will exceed the computational capabilities of the human race.
- What does it all mean?
- **Shift happens.**
- Now you know...



The organization that produced this presentation encourages its use in education.  
(Karl Fisch with Arapahoe High School, Littleton, Colorado)

Good luck on your New Year's Resolutions –

Diana R. Osborn



# "Healthy Lifestyle Committee!"

## *Healthy Lifestyle Committee Mission Statement:*

*To create healthier and happier employees through awareness of health issues and wellness programs*

### Health Tip

By Ann Helminski

### Get Rid of Guilt

[American Institute for Preventive Medicine & Don R. Powell Ph.D.](#)

Excerpted from "A Year of Health Hints"  
365 Practical Ways to Feel Better and Live Longer  
by Don R. Powell, Ph.D.

- Guilt is a by-product of all the "shoulds" people accumulate on their mental lists of "things to do." To help you distinguish between what's right for you to do and what you do because you're guilt ridden:
- Don't let others' values dictate the way you live your life. Decide for yourself what's important to you, what you value, or the way you wish to be.
- Don't expect to be pleasant, wise, and even-tempered at all times. It's normal to feel irritable or angry occasionally. Feeling guilty about negative emotions is futile.
- Forgive yourself for mistakes in judgment. Learn something from your mistakes. Make them work for you in the future.
- Take satisfaction in your accomplishments, rather than dwelling on your shortcomings.

**FREE Massages & Stress Seminar!**

**TUESDAY, JANUARY 29<sup>TH</sup>**

*Get Healthy Now!*

**Dr. Gabriel O'Brien, D.C. will be offering FREE Massage Therapy & a Stress Management Seminar!**

- 1.) Each week, 95 million Americans suffer from some stress related symptoms for which they take medication.
- 2.) Stress is recognized as the number one killer today.
- 3.) According to the AMA, stress is the cause of up to 80 to 85% of all human illness and disease.

**Want help? There are drug-free solutions you need to know about.**

**WHERE & WHEN:**  
Muskegon Community College  
221 S. Quarterline Road  
Tuesday, January 29th  
From 1:00 - 3:00 P.M.

**Don't miss this special event!**  
**CALL NOW!**  
**(231) 777-0319**

\*Dr. Gabriel O'Brien offers free telephone educational services, free initial consultations and a guarantee of satisfaction.

**Forgot you had to bring a dish to  
pass to Grandma's House?  
Here is a quick and EASY treat!!**



**Christmas Wreaths**

**Put parchment paper on a small cookie sheet  
Put down as many Round or Waffle Pretzels that fit  
Then one Hershey Kiss on each (try the caramel ones)  
Bake for 5 minutes at 225**

**Once you take them out quickly add 1 green or red  
M&M to each**

# Happy Birthday

January

Beda Dubois	1/1
Lori Haggerty	1/1
Diane Krasnewich	1/6
Minnie Edge	1/7
Dan Rypma	1/7
Nick Vanderberg	1/9
Mary Ann Williams	1/10
Timothy Norris	1/17
Denise Passage	1/17
Roger Stoel	1/17
Harry Brown	1/19
Ronnie Jewell	1/20
Duane Schecter	1/20
Carolyn Kamerad	1/21
Scott Longmire	1/21
Cynthia Topping	1/22
Sheila Wahamaki	1/23
Mary Tyler	1/27
George Maniates	1/29
Trynette Harps	1/30
John Morano	1/30
Carol Neal	1/30

February

Jenny Klingenberg	2/5
Vicki Henderson	2/6
Julie Solowy	2/6
Pat Devries	2/8
Sherri Deboef Chandler	2/9
Mike Mieczkowski	2/9
Terri Jourden	2/10
Lynne Wood	2/11
Mike Vallie	2/12
Joyce Piggee	2/14
Linette Isacson	2/15
Larry Swisher	2/15
Pam Brown	2/17
Lisa Makin	2/18
John Leonard	2/19
Rick Hudson	2/23
Bill Tokarz	2/24
Tom Groner	2/25
Andy Wible	2/25
Joe Doyle	2/27
Ann Helminski	2/27



**Appointments available:**  
Monday–Thursday 8am–9pm  
Friday 8am–5pm

*To make an appointment at one of these office locations,  
call 231.726.3582*

- 1352 Terrace Street  
Muskegon, MI 49442
- Hackley Health at the Lakes  
6401 Prairie Street  
Muskegon, MI 49444
- Lakeshore Medical Center  
905 E. Colby Street  
Whitehall, MI 49461
- Mill Point Health Center  
921 S. Beechtree, Suite 5  
Grand Haven, MI 49417

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**Mission Statement:**  
*To support the Administrative Services operations and objectives  
of Muskegon Community College.*

**Vision:**  
*Excellence in Service – Partners in Progress*

# MCC News

Share your news and photos with your MCC family. Please send or email your photos and news to  
Conference & Catering Services  
[Stacey.DeBrot@muskegoncc.edu](mailto:Stacey.DeBrot@muskegoncc.edu)  
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The logo for INSINC is displayed in a stylized, multi-colored font. The letters are blue and green with a 3D effect. The word "INSINC" is written in a large, bold font.

Improvements Notions Suggestions Ideas Not Complaints

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Please turn in your INSINC to Conference & Catering Services by the 15<sup>th</sup> of the month and your name will be entered into a drawing for a free medium fountain beverage from the Bookside Bistro.