

# WOMEN'S INDOOR TRACK 2016-17 RECAPS

## Men's and Women's Indoor Track and Field Regionals @ Trine University

February 17

### Final

Muskegon Community College took their first trip to the Region XII Indoor Track meet at Trine University. It was a surprise to the team members that they were competing on a more level playing field because all the other meets have been against Division 1 and 2 teams.

For the men, Evan Kaufman (Grand Haven HS) had a successful meet in the pole vault with a vault of 3.81 meters. Troy Boughner (Johannesburg-Lewiston HS) and Scott Hendrixon (Montague HS) both high jumped 1.80 meters. Colen Casey (Grand Haven HS) won the 60 meter hurdles with a time of 8.69 seconds and Justin Tokarczyk (Mona Shores HS) placed 2nd with a time of 8.97 seconds. Also finishing in first was Alec Stanley (Fruitport HS) in the weight throw with a toss of 12.40 meters. The men shot putters finished with a 1-2-3 sweep led by Jerriel Franklin (Muskegon HS), Stanley, and Joe Marsh (Montague HS). The men finished in 2nd place overall, behind a large contingent of athletes from Vincennes University.

On the women's side Breunisje Kass-McGrady (Western Michigan Christian HS) placed 7th in the mile run with a time of 6.08. Makayla Al-Uqdah (Mona Shores HS) and Robbie Berg (Montague HS) finished 5th and 6th respectively in the 200 meters. Berg was also 3rd in the high jump with a jump of 1.46 meters. Taylor Carlson (Grand Haven HS) place 5th in the high jump with a jump of 1.31 meters. Aisha Ahmad (Reeths-Puffer HS) and Vanessa Chavez (Montague HS) placed 5th and 6th respectively in the shot put, both with their personal best toss. Even though their numbers were low the women were able to accumulate enough points to finish 3rd in the meet.

## Men's and Women's Indoor Track and Field @ Grand Valley State University

February 11 @ 9:00 am - 5:00 pm

The Muskegon Community College track teams were in action at GVSU. Every Jayhawk was able to set new PR's in their events. In addition, LaRue Layton (Reeths-Puffer HS), Kendra Irvin (Reeths-Puffer HS), Jerriel Franklin (Muskegon HS) and Collins Kipkoech (Anestar Boys HS, Kenya) are all within striking distance of qualifying for the NJCAA National meet.

The teams are back in action on Friday, 2/17 when they travel to Trine University to compete in the NJCAA Regional Track Meet.

## Men's and Women's Indoor Track and Field @ Grand Valley State University

January 28

First Jayhawk qualifies for the NJCAA National Indoor Track & Field Championships.

Noah Hendricks (Fruitport HS) became the FIRST EVER Muskegon Community College Track & Field athlete to qualify for the NJCAA National Indoor Track & Field Championships with his 2nd place finish out of 30 runners in the 600 meters. His time of 1:22.36 beat the qualifying standard by 0.14 seconds, and he will be heading to Kansas for nationals in early March. In addition, these MCC athletes were nationally-ranked in their events last week:

LaRue Layton (Reeths-Puffer HS) #11 in High Jump  
Kendra Irvine (Reeths-Puffer HS) #13 in Pole Vault  
Evan Kaufman (Grand Haven HS) #15 in Pole Vault  
Collins Kipkoech (Kenya) #19 in Mile

The Jayhawks will head back to GVSU on Friday and Saturday, 2/10-11 to compete in their last meet before Regionals.

### **Men's and Women's Indoor Track and Field @ Grand Valley State University** January 20

The Jayhawks were back in action at GVSU for the Bob Eubanks open. LaRue Layton (Reeths-Puffer HS) took second place in the high jump with a jump of 1.97 m. The distance team was out in full force with three individual runners; Bruneiija Kass-McGrady (Western Michigan Christian HS) ran the 3000, Collins Kipkoech (Anestar Boys HS) ran both the mile and the 800 as well as the second leg of the 4 X 400 relay and Scott Hendrixon (Montague HS) ran the 600 meters with a time of 1:30 winning his heart and placing 6th overall in the meet. The throwers had outstanding performances and all improved on their personal bests. Alec Stanley (Fruitport HS) is making fast gains in the weight throw and will soon be a force to be reckoned with. Kendra Irvine (Reeths-Puffers HS) had a solid night in the pole vault and the 800 m.

MCC returns to GVSU on Saturday, 1/28/17 for the Mike Lints Alumni Open. Field events and running events begin at 1:00 pm.

### **Men's and Women's Indoor Track and Field @ Grand Valley State University** January 13

Both the men's and women's track teams were in action Friday at Grand Valley State University. LaRue Layton (Reeths-Puffer HS) and Kendra Irvine (Reeths-Puffer HS) are close to NJCAA national marks in their events. LaRue high jumped 1.91 m with the national mark being 2m. Kendra vaulted 2.85 m.

Evan Kaufman (Grand Haven HS) had a strong performance on the men's side in pole vault. Alec Stanley (Fruitport HS) had a great debut in the weight throw with a mark of 11.41 m. Jerriel Franklin (Muskegon HS) and Joe Marsh (Montague HS) boasted good marks in the shot put. Vanessa Chavez (Montague HS) debuted the women's weight throw with a mark of 6.55 m.

Justin Means (Muskegon HS), Dylan White (Grand Haven HS) and Collen Casey (Grand Haven HS) all had strong times in their respective events, improving on their personal bests.

Both teams competed hard and made gains in their performances. They will be back in action on Friday, 1/17/17 at GVSU with events starting at 2:45 pm.

## **Men's & Women's Track and Field @ Grand Valley State University**

December 2, 2016 @ 3:00 pm - 8:00 pm

### Final

The Jayhawk Men's and Women's Track and Field teams started their inaugural season at GVSU's Early Bird invitational on Friday, 12/2. All of the athletes boasted strong opening marks for the season. LaRue Layton (Reeths-Puffer HS) started his high jump season out strong with a jump of 1.95 meters. Troy Boughner (Johannesburg-Lewiston HS) had a strong opening day in the high jump as well. In his first ever high jump event he jumped a respectable 1.8 meters. Aisha Ahmad (Reeths-Puffer HS) threw an all-time PR in the shot with a throw of 8.55 meters, eclipsing her high school PR of 24'. Robbie Berg (Montague HS) and Justin Tokarczyk (Mona Shores HS) each put up strong times in the 60 meter hurdles. Justin Means (Muskegon HS) ran 7.43 in the 60 meter dash. Evan Kaufman (Grand Haven HS) went 4 meters in the pole vault. Taylor Carlson (Grand Haven HS) and Berg both jumped strong in the women's high jump. John Trivisionno (Mason County Central HS), who has been plagued all season with a hamstring injury, went out strong in the 200, only to feel the sting of re-injury within the first 100 meters of the race.

"All in all today was a great day to be a part of the Jayhawk Track and Field Program," said Head Coach Ashley Glover. "Our athletes competed against some of the best track teams in the mid-west and made a name for themselves as the underdog no one will want to underestimate come nationals."

The Jayhawks will next compete at Aquinas College on Fr