

# WOMEN'S OUTDOOR TRACK AND FIELD 2018-19 RECAPS

## Outdoor Track & Field NJCAA Region XII Championships hosted by Davenport University

April 26 @ TBD

Jayhawk women place third at Regionals

The Muskegon Community College track team competed on Friday and Saturday in the NJCAA Region XII track meet hosted by Davenport University. The women finished in 3rd place, eight points behind the 2nd place team.

Bekah VanDeWeg (Spring Lake HS) finished in fourth place in the region in the long jump with a mark of 4.55m and third in the region for shot put with a mark of 7.98m. Grace Sweet (Reeths-Puffer HS) and Haylee Ray (Grand Haven HS) competed in the 800m with Grace finishing first in the region (fourth overall) with a time of 2:26.87 and Haylee was fifth with a time of 2:42.11. Maddy Windberg (Spring Lake HS) ran a very strong 1500m coming in with a time of 5:26.63, good for 4th overall in the Region.

## Outdoor Track & Field @ GVSU – Al Owens Invite

April 19 @ 9:00 am - April 20 @ 9:00 pm

Final

The Jayhawks hit the track this weekend at Grand Valley States Al Owens Invite. Haylee Ray (Grand Haven HS) had a strong performance in the 800m run with a time of 2:40.22. Grace Sweet (Reeths-Puffer HS) and Maddy Windberg (Grand Haven HS) ran the 1500m with times of 5:12.75 and 5:29.71.

## Outdoor Track & Field at Oakland University

April 13 @ TBD

Final

The Jayhawks were back in action this weekend at the Golden Grizzlies Invitational at Oakland University. They battled 40mph winds to put up some great performances.

Opening the weekend for the Jayhawks was Rebekah VanDeWeg (Spring Lake HS) placing sixth in the heptathlon with a score of 3,233.

## Outdoor Track & Field at Indiana Wesleyan University

March 23 @ 11:00 am - 7:00 pm

Jayhawks open season in Indiana

The Jayhawks 2019 outdoor season started out with a bang! After a delay due to bus issues, the Jayhawks rolled into the Polar Bear Classic a few hours late. The athletes did their best to be flexible and roll with the changes that came their way, all in all, it was a great meet with

great weather to compete in. The Jayhawks put up a bunch of personal bests and competed with some very strong teams from the Midwest.

Grace Sweet (Reeths- Puffer HS) placed 7th for the women in the 800m run with a time of 2:27.59, she is 5 seconds and some change off from qualifying for nationals in the 800. Haylee Ray (Grand Haven) and Hannah Heintzelman (Cedar Springs) ran very strong 800 meters as well, despite injury and illness.